

A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Who Would Have Thought...

In 2018, when we first told our family's story to an audience of over 700 people, we never imagined that we would impact thousands of people's lives in just a few short years.



Whether it was the thousands of faculty members and parents we have educated about substance use prevention, the hundreds of families from across the country who call us for help or join our support group, or who have just told us the difference we have made in their lives, it is hard for us to grasp the magnitude of where we are today.

However, the most astounding number in my mind is the number of children we have reached with our prevention education programming in Jewish middle and high schools. Since the inception of our evidence-based programs in 2019, we have educated over 14,500 of our youth on the dangers of substance use and the risk of addiction through personal stories and a comprehensive differentiated program around brain development, refusal skills, and resilience.

What really brought it home for me was when I started to get calls from people in other cities – Boca Raton, Cleveland, St. Louis, San Diego, Silver Spring – saying they had heard of our prevention programming and wanted to bring CCSA to their communities.

We started with a mission to create dialogue, educate community members on the prevalence of addiction and the need to destigmatize it. While the 2018 event may have been a catalyst, as we always say around the issue of addiction, it takes community support and awareness to effect change. It also took our total of 65+ schools to recognize the need to educate our children on this critical issue and their willingness to partner with CCSA to make a difference in prevention education. It is you who we thank and are most grateful for your partnership.

—Lianne Forman

WHAT WE'VE ACCOMPLISHED







"Walk the Line" fatal vision goggle activity

2022-23 SCHOOL YEAR BY THE NUMBERS



52 Partner Schools

181 School Programs* 73 Middle School * 108 High School

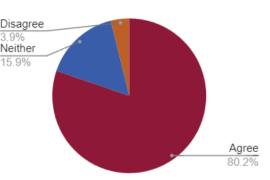
6,855 Students Impacted





IMPACT ON OUR...

MIDDLE SCHOOL STUDENTS



The CCSA presentation provided me with tools to help me deal with the challenges that were discussed

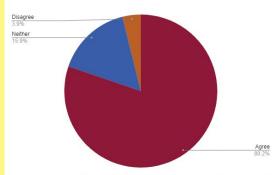
"WHAT I LEARNED FROM CCSA THIS YEAR..."

"Even if you don't see effects immediately, substances can still cause long term issues"

"The fact that it's not my sole responsibility to stop a person from using anything, I have to get an adult involved" "Substances can make you feel good but in the long run it is very unhealthy and unsafe"

"Overdoses can happen with people who are not addicted "

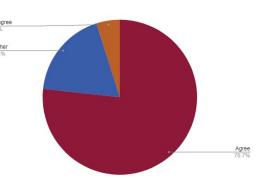
HIGH SCHOOL STUDENTS



I learned new information today that will help me make healthy and safe choices.







As a result of this presentation,
I am less likely to try/continue
using marijuana,
vaping/cigarettes, or other
substances

Thank you to the 52 schools that partnered with us during the 2022-23 school year!

Middle Schools

Atlanta Jewish Academy ~ Barkai Yeshivah ~ Ben Porat Yosef ~ Fuchs Mizrachi School ~ Golda Och Academy Hebrew Academy of Long Beach ~ Hebrew Academy Five Towns & Rockaway ~ Hillel Yeshiva ~ Joseph Kushner Hebrew Academy ~ Kohelet Yeshiva Middle School ~ Lubavitch Hebrew Academy ~ Manhattan Day School ~ North Shore Hebrew Academy Middle School ~ Rosenbaum Yeshiva of North Jersey ~ Soille San Diego Hebrew Day School ~ Solomon Schechter Bergen County ~ Tenafly Chabad Academy ~ The Moriah School ~ The Shefa School ~ Westchester Day School Yavneh Academy ~ Yeshiva Har Torah ~ Yeshiva of Central Queens ~ Yeshivat He'Atid ~ Yeshivat Noam

High Schools

Ateres Bais Yaakov ~ Atlanta Jewish Academy ~ Berman Hebrew Academy ~ Bnos Chomesh Academy Bruriah High School ~ Ezra Academy High School ~ Fuchs Mizrachi School ~ Golda Och Academy ~ Hebrew Academy of Nassau County ~ Katz Yeshiva High School of South Florida ~ Kohelet Yeshiva High School ~ Ma'ayanot Yeshiva High School for Girls ~ Missouri Torah Institute ~ Naaleh High School for Girls ~ North Shore Hebrew Academy ~ Ohr HaTorah Yeshiva High School ~ Ramaz Upper School ~ Rohr Bais Chaya Academy ~ Salanter Akiba Riverdale High School ~ SCY High School ~ Stella K. Abraham High School for Girls ~ Torah Academy of Bergen County ~ Torah High School for Girls ~ Yeshiva of Flatbush ~ Yeshiva University High School for Boys ~ Yeshiva University High School for Girls ~ Yeshivat Frisch

Special thanks to Bikur Cholim of Greater Washington, Boca Raton Synagogue, Mashadi Bikur Cholim, the Metrowest Day School Initiative, and the San Diego Jewish community for hosting us for parent and community programs

This Summer CCSA presents... Substance Use Prevention Training

*Designed for School-based Mental Health Professionals, Youth Support Professionals, and anyone who regularly interacts with youth *Upon completion, participants will be able to instruct colleagues on best practices in substance use prevention education and support for students at risk

> 6-hour course offered online (3 hours/day) July 24 - 25, 2023 * Training Fee: \$350

For more information contact Sharon Darack: sdarack@jewishccsa.org

You Are Not Alone

Support Group for loved ones of those struggling with substance use or addiction



Meetings every other Wednesday 8:15 p.m. (ET) via Zoom

For more information, email us at: info@jewishccsa.org





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